

3. Feeling great

“Ah, nothing like sitting down after a long day..., oh boy ... well, well”

He plopped down on the dining room chair with a deep sigh.

“Oh ..., how about that..., that sounds interesting...!”

“What is it, honey?”

Frank scanned the letter he’d just opened one more time.

“It’s a letter from Sunset Hills, sweetheart. It’s from the executive director, Doctor Stewart. He’s come up with several proposals for more sustainable resident care... If we switch to vegetarian meals, we can save up to \$91.62 per month! Wow. And no meat is much better for the environment, of course. Showering twice a week instead of every day adds up to a savings of \$51.49. Washing the bedsheets once every other week instead of every week saves us \$30.42 and turning the thermostat down from 70 to 68 degrees Fahrenheit gives us an additional \$27.33! That really adds up, just imagine how much we can save!”

Frank picked up a pen and started scribbling in the letter’s margins.

“Look at this, Lisa, we can save more than \$200.86 a month, just like that! And it’s better for the environment too! So, \$200.86 every month, that’s...” Frank scrawled a few more numbers on the paper. “Almost \$2,500 a year! Wow...! Imagine what we could do with that money!”

“But what will your mother think about it?” Lisa called out from the kitchen.

“Well, I’m sure she’ll approve. She’s always been in favor of protecting the environment, and it all sounds very reasonable. It’s probably better for her health as well. Wow, \$2,500 per year! We could all take a vacation together.”

Frank stared at the paper as if it were a treasure map. He sighed happily.

“Ahh, doesn’t that feel great!”